

Overview of PYC Girls Basketball

PYC Girls Basketball teams compete in two area leagues: the Parkland League and the Lehigh Valley League

Parkland League (PL)

No cut league. Teams are determined by grade level, and there is no "playing up."

K-2

3-4

5-6

7-8

9-12

At the K-2 level, practice is held once a week, for one hour on a Saturday, from early-November until late February.

At the Grade 3-4 level and above, practice is held twice a week (once on a weeknight and once on Saturday), for one hour, until games start. When games start in early January, there is one practice a week and game on each weekend.

Lehigh Valley League (LVL)

More competitive, longer or more practices, and more games. Good for girls hoping to try out for middle school or high school teams in the future.

LVL Cadet – Typically 5th & 6th Grade (can't be 12 before 06/01/07). Teams are determined by a birthday cut-off date. If there is enough interest we will have a team. We will have tryouts if necessary. Practices are typically twice a week and the times and gyms vary. Games will start about 10 days before the Christmas break and run into Feb. You will possibly play any day of the week including Sat and Sun due to gym availability.

LVL Knee-Hi – Typically 7th & 8th Grade (can't be age 15 before 11/01/07). This is a Parkland United team (PYC, North Parkland, and South Parkland girls) and we have to wait until after the school teams are selected - we would create this team the week before Thanksgiving (tryouts the week of 11-19-07). Games will start in early December and run into Feb. You will possibly play any day of the week including Sat and Sun due to gym availability.